



Bear Necessities

Adventure Requirements

Complete Requirements 1 - 4. Requirements 5 and 6 are optional.

- 1) While working on your Bear badge, attend one of the following:
 - a) A daytime or overnight campout with your pack or family
 - b) An outdoor activity with your den or pack
 - c) Day camp
 - d) Resident camp
- 2) Make a list of items you should take along on the activity selected in Requirement 1.
- 3) Make a list of equipment that the group should bring along in addition to each Scout's personal gear for the activity selected in Requirement 1.
- 4) Help set up a tent. Determine a good spot for the tent and explain to your den leader why you picked it.
- 5) Demonstrate how to tie two half hitches and explain what the hitch is used for.
- 6) Learn how to read a thermometer and a barometer. Keep track of the temperature and barometric pressure readings and the actual weather at the same time every day for seven days.



Parent Corner

The 6 essentials and other camping gear is available at your local Scout Shop. REI has some great articles videos about buying gear as well as other subjects here: www.rei.com/learn/series/intro-to-camping



Bear Necessities

Requirement #2 and 3: 6 Essentials and Equipment

Materials Needed

Instructions

1. Before attending an outdoor activity, make a list of the things you should take along on the activity. (Your person gear.)
2. Make a list of equipment that the group should bring along in addition to a Scout's personal gear for the activity.



Do not forget your 6 Essentials!

The Cub Scout 6 Essentials are:

1. First-aid Kit
2. Water Bottle
3. Flashlight
4. Sun Protection
5. Whistle
6. Trail Food



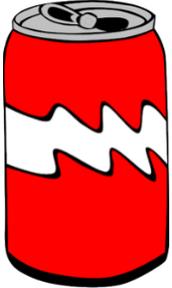
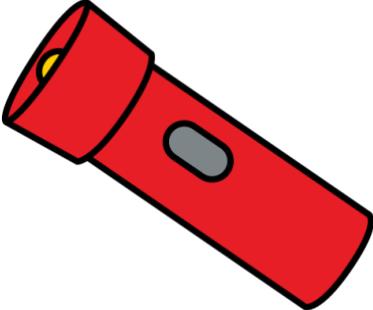
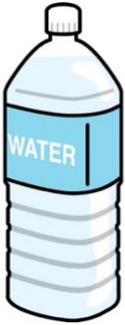
Pee Wee Says

“Being comfortable in the outdoors means taking the right gear to keep you warm, dry, and safe. A few key things can really help you enjoy your outdoor activity.”



RANK ADVENTURES

6 Essential Activity Cards



RANK ADVENTURES



Bear Essentials

Requirement #1: Outdoor Activity

Materials Needed

- Pencil

Instructions

1. While working on your Bear badge, attend one of the following:
 - a. A daytime or overnight campout with your pack or family
 - b. An outdoor activity with your den or pack
 - c. Day camp
 - d. Resident camp

Do not forget to bring your 6 Essentials!



A suggested outdoor activity is an ABC hike with your family or den. Pair up with others in your group. Each team needs to find an item that start with each letter of the alphabet. Start with the letter A. After you find an item that begins with an A, move to B. Keep moving through the alphabet. Each team has 3 wildcards they can use to skip a letter. Once the wildcard is used, it can't be moved to another letter. See who finishes the list first.

Use the scorecard on the following page to record what you find.



Parent Corner

This adventure will require some camping outdoors. This can be as easy as pitching a tent in the backyard or going with your den or social circle for an overnight at a state or county park. You can also check out the SVMBC Saturday Adventures for upgoing outdoor programs in November. Register for more information [here](#).



RANK ADVENTURES

ABC Hike Scorecard

A	
B	
C	
D	
E	
F	
G	
H	
I	
J	
K	
L	
M	
N	
O	
P	
Q	
R	
S	
T	
U	
V	
W	
X	
Y	
Z	





RANK ADVENTURES



Bear Necessities

Requirement #4: Tent

Materials Needed

- Tent

Instructions

1. With your den or family help set up a tent. Determine a good spot for the tent and explain to your den leader why you picked it.



Your tent should be in a flat area that is clear of any low spots where water will collect if it rains. It should also be sheltered from strong winds. During cold weather, try to face the door of your tent away from the wind.

Before you put down your tent, move any rocks, sticks or other hard objects from the tent site. They can hurt bare feet and damage the bottom of your tent.

After you take down your tent, put the objects you moved near to where you originally found them. Pick up anything you brought to the campsite.



Pee Wee Says

“Camping is in tents! Never pitched a tent before? Check out our instructional video [here](#).”



Bear Necessities

Requirement #5: Half Hitch Knots

Materials Needed

- Pencil
- Rope

Instructions

1. Demonstrate how to tie two half hitches and explain what the hitch is used for.
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The two half hitches knot is used to tie items to a post or tree trunk. The knot is easy to untie when you are ready, but it will hold tight while in use.

Each wrap around the rope is called 1/2 hitch. Making two of them is what gives this knot its name.

Never tied a half hitch? Check out an instructional video [here](#).



Pee Wee Says

“A BOOK NEVER WRITEN: “Basic Knots” by Bo Lynn”



Bear Necessities

Requirement #6: Thermometer and Barometer

Materials Needed

- Balloon
- Straw
- Rubber Band
- 8x11 Cardstock
- Glass Jar
- Scissors
- Tape
- Markers

Instructions

1. Use [this YouTube video](#) to make a barometer and learn about air pressure.
2. Use the chart in your bear Cub Scout Handbook to record the temperature, barometric pressure reading and the actual weather at the same time every day for seven days.



Keeping track of changes in barometric pressure can tell us how the weather will change period if the pressure is falling, a storm is probably coming. If the pressure is steady or rising gently, the weather should be calm and nice!



Pee Wee Says

“A Scout is cheerful. It is easy to be cheerful when the weather on a camp out is great. If you are prepared with the right gear you can also be cheerful on a rainy day.”